

**SILVER VALLEY UNIFIED SCHOOL DISTRICT
RESOLUTION NO. 19-20-12**

**Recognizing March 2020 as
NATIONAL NUTRITION MONTH**

WHEREAS, the first National Nutrition Week was proclaimed in 1973 to serve as a vehicle for delivering nutrition education messages to the public with the theme “*Invest in Yourself – Buy Nutrition*”, and changing to National Nutrition Month in 1980; and

WHEREAS, National Nutrition month has grown dramatically with the support of the American Dietetic Association (ADA), looking to promote major changes in the perception of nutrition and the importance nutrition plays in a healthy lifetime; and

WHEREAS, National Nutrition Month and the ADA focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

NOW, THEREFORE, BE IT RESOLVED that the Governing Board of the Silver Valley Unified School District hereby proclaims March 2020 as “Nutrition Month” in Silver Valley Unified School District and urges the residents to choose proper nutrition for a healthy today and tomorrow.

**SILVER VALLEY UNIFIED SCHOOL DISTRICT
BOARD OF TRUSTEES**

Karen Gray, President

Mark Staggs, Vice President

Heather Rae Reid, Board Clerk

Brian Boatwright, Member

Lynn McKee, Member

Board Meeting Date: 2/11/2020